

Rehabilitation – Theoretical Model and Examples

Societal	Driving While Drunk Laws	Public Service Announcements	Transitional Living Facilities
Family	Home Safety Modifications	Family Education & Training	Family Therapy Self-Help Groups
Team	Stress Innoculation Training	Team Consultation Stress Management Training	Leave of Absence Policies
Individual	Token Economy Environmental Restructuring	Crisis Intervention Depression Management	Psychotherapy Cognitive Retraining
Biological	Prophylactic Antiseizure Medication Decubiti (bed sore) prevention	Range of Motion Exercises	Infection Control Airway Maintenance Surgical Interventions

Levels of Intervention

PRIMARY

= Lower the overall rate of new problems

SECONDARY

= Early detection & treatment of emerging disorders

TERTIARY

= Moving to chronic adaptation

Grimm & Bleiberg (1986), p. 508

Grimm, B. H., & Bleiberg, J. (1986). Psychological rehabilitation in traumatic brain injury. In S. Filskov & T. Boll (Eds.), *Handbook of clinical neuropsychology, Vol. 2* (pp. 495-560). New York: Wiley.