

Media and Technology Usage and Attitudes Scale (MTUAS)

Results: PSY 355 Spring 2014, 2016, 2018, 2021

1 = Never

2 = Once a month

3 = Several times a month

4 = Once a week

5 = Several times a week

6 = Once a day

7 = Several times a day

8 = Once an hour

9 = Several times an hour

10 = All the time

		2014 Class	2016 Class	2018 Class	2021 Class
1	Send, receive, and read e-mail (not spam/ junk mail)	7.28 (1.24)	6.83 (1.63)	6.75 (1.11)	7.08 (1.50)
2	Check your personal e-mail	6.20 (2.43)	6.25 (2.12)	6.04 (1.67)	5.70 (2.00)
3	Check your work or school e-mail	7.36 (1.11)	7.21 (0.93)	6.93 (1.27)	7.38 (1.36)
4	Send or receive files via e-mail	5.52 (1.18)	4.63 (1.84)	4.61 (1.40)	4.92 (1.60)
5	Send and receive text messages on a mobile phone	9.16 (1.18)	9.21 (1.02)	9.11 (1.31)	8.27 (2.47)
6	Make and receive mobile phone calls	6.40 (1.85)	6.17 (1.63)	6.07 (1.61)	6.04 (1.91)
7	Check for text messages on a mobile phone	9.04 (1.06)	9.08 (1.02)	8.82 (1.61)	8.50 (1.88)
8	Check for voice calls on a mobile phone	5.96 (2.24)	5.42 (2.38)	4.39 (2.18)	4.38 (2.23)
9	Read e-mail on a mobile phone	7.42 (1.98)	6.79 (1.79)	7.11 (1.97)	7.54 (1.61)
10	Get directions or use GPS on a mobile phone	3.28 (1.88)	4.17 (2.04)	4.04 (1.90)	4.42 (1.92)
11	Browse the web on a mobile phone	7.68 (2.15)	7.08 (1.25)	7.04 (2.35)	7.23 (2.39)
12	Listen to music on a mobile phone	5.80 (3.04)	6.96 (2.12)	7.74 (2.38)	6.88 (2.21)
13	Take pictures using a mobile phone	5.76 (2.28)	6.13 (1.60)	6.36 (2.41)	6.19 (2.30)
14	Check the news on a mobile phone	4.08 (2.56)	5.13 (2.11)	4.29 (2.12)	4.42 (2.04)
15	Record video on a mobile phone	3.40 (2.75)	3.92 (1.56)	4.29 (2.12)	4.46 (1.70)
16	Use apps (for any purpose) on a mobile phone	8.60 (2.16)	8.67 (1.46)	9.22 (1.78)	8.88 (2.03)
17	Search for information with a mobile phone	7.92 (2.12)	7.67 (1.63)	7.57 (2.27)	7.77 (2.01)
18	Use your mobile phone during class or work time	5.60 (2.45)	5.21 (2.52)	6.07 (2.32)	6.00 (2.04)

How often do you do each of the following activities?

19	Watch TV shows, movies, etc. on a TV set	6.64 (1.93)	5.33 (2.39)	4.67 (2.24)	4.69 (1.90)
20	Watch video clips on a TV set	2.36 (1.91)	2.46 (1.61)	2.52 (1.70)	2.69 (2.41)
21	Watch TV shows, movies, etc. on a computer	4.24 (2.54)	5.04 (2.39)	5.48 (2.34)	4.76 (2.54)
22	Watch video clips on a computer	5.24 (2.11)	5.38 (2.37)	5.44 (2.64)	4.62 (2.19)
23	Download media files from other people on a computer	3.28 (2.01)	3.67 (2.68)	3.59 (2.15)	3.38 (2.20)
24	Share your own media files on a computer	2.80 (2.14)	3.42 (2.62)	3.33 (2.04)	2.64 (2.10)
25	Search the Internet for news on any device	4.88 (2.44)	5.67 (2.41)	5.23 (2.41)	4.92 (2.42)
26	Search the Internet for information on any device	7.60 (1.78)	7.04 (1.81)	7.37 (1.80)	7.04 (1.71)
27	Search the Internet for videos on any device	5.56 (2.33)	5.88 (2.13)	6.12 (2.30)	5.96 (2.11)
28	Search the Internet for images or photos on any device	6.00 (2.16)	6.33 (2.20)	5.70 (2.15)	5.69 (2.17)
29	Play games on a computer, a video game console, or smartphone BY YOURSELF	4.80 (2.84)	4.42 (3.19)	5.04 (2.89)	3.08 (2.43)
30	Play games on a computer, video game console, or smartphone WITH OTHER PEOPLE IN THE SAME ROOM	3.40 (2.38)	3.46 (2.48)	4.19 (2.69)	2.35 (1.67)
31	Place games on a computer, video game console, or smartphone WITH OTHER PEOPLE ONLINE	2.92 (2.69)	2.33 (2.51)	2.44 (2.38)	2.04 (1.73)
32	Check your Facebook page or other social networks	7.64 (1.93)	7.71 (2.05)	8.37 (1.33)	7.42 (1.96)

33	Check your Facebook page from your smartphone	7.24 (2.59)	7.38 (1.97)	6.44 (3.11)	5.80 (3.05)
34	Check Facebook at work or school	5.76 (2.76)	6.00 (2.84)	5.07 (3.15)	4.96 (3.03)
35	Post status updates on Facebook or other social network	4.56 (2.36)	3.56 (2.32)	3.70 (1.96)	3.16 (2.58)
36	Post photos on any social media	3.96 (2.24)	4.04 (2.32)	3.63 (1.21)	3.12 (2.07)
37	Browse profiles and photos on any social media	6.36 (2.33)	6.21 (2.26)	7.00 (1.71)	6.54 (2.08)
38	Read postings on any social media	7.20 (2.20)	7.29 (1.88)	8.00 (1.44)	7.08 (1.85)
39	Comment on postings, status updates, photos, etc.	5.29 (2.46)	5.46 (2.77)	4.85 (2.35)	4.65 (2.50)
40	Click "Like" to a posting, photo, etc.	5.88 (2.51)	6.79 (2.17)	7.19 (1.42)	7.04 (1.82)

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8 = Once an hour

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10 = All the time

Once an hour or more

16	Use apps (for any purpose) on a mobile phone	8.88 (2.03)
7	Check for text messages on a mobile phone	8.50 (1.88)
5	Send and receive text messages on a mobile phone	8.27 (2.47)

More than once a day

17	Search for information with a mobile phone	7.77 (2.01)
9	Read e-mail on a mobile phone	7.54 (1.61)
32	Check your Facebook page or other social networks	7.42 (1.96)
3	Check your work or school e-mail	7.38 (1.36)
11	Browse the web on a mobile phone	7.23 (2.39)
1	Send, receive, and read e-mail (not spam/ junk mail)	7.08 (1.50)
38	Read postings on any social media	7.08 (1.85)
26	Search the Internet for information on any device	7.04 (1.71)
40	Click "Like" to a posting, photo, etc.	7.04 (1.82)
12	Listen to music on a mobile phone	6.88 (2.21)
37	Browse profiles and photos on any social media	6.54 (2.08)
13	Take pictures using a mobile phone	6.19 (2.30)
6	Make and receive mobile phone calls	6.04 (1.91)
18	Use your mobile phone during class or work time	6.00 (2.04)

Less than once a day

27	Search the Internet for videos on any device	5.96 (2.11)
33	Check your Facebook page from your smartphone	5.80 (3.05)
2	Check your personal e-mail	5.70 (2.00)
28	Search the Internet for images or photos on any device	5.69 (2.17)
34	Check Facebook at work or school	4.96 (3.03)
4	Send or receive files via e-mail	4.92 (1.60)
25	Search the Internet for news on any device	4.92 (2.42)
21	Watch TV shows, movies, etc. on a computer	4.76 (2.54)
19	Watch TV shows, movies, etc. on a TV set	4.69 (1.90)
39	Comment on postings, status updates, photos, etc.	4.65 (2.50)
22	Watch video clips on a computer	4.62 (2.19)
15	Record video on a mobile phone	4.46 (1.70)
10	Get directions or use GPS on a mobile phone	4.42 (1.92)
14	Check the news on a mobile phone	4.42 (2.04)
8	Check for voice calls on a mobile phone	4.38 (2.23)

		<i>Less than once a week</i>
23	Download media files from other people on a computer	3.38 (2.20)
35	Post status updates on Facebook or other social network	3.16 (2.58)
36	Post photos on any social media	3.12 (2.07)
29	Play games on a computer, a video game console, or smartphone	
	BY YOURSELF	3.08 (2.43)
20	Watch video clips on a TV set	2.69 (2.41)
24	Share your own media files on a computer	2.64 (2.10)
30	Play games on a computer, video game console, or smartphone	
	WITH OTHER PEOPLE IN THE SAME ROOM	2.35 (1.67)
31	Place games on a computer, video game console, or smartphone	
	WITH OTHER PEOPLE ONLINE	2.04 (1.73)